



Autism Counsellor

PURPOSE

The Autism Resource Centre (ARC) is a community based non-profit organization. Through programs and education that facilitate independence, ARC supports autistic people in realizing their potential and participating in their communities.

ARC is seeking a qualified counsellor for a full-time permanent position. The successful candidate understands and respects neurodivergent experiences and can tailor counselling approaches to meet diverse communication styles, sensory needs, and processing differences. In this position, you will provide outcome-focused, neuro-affirming and trauma-informed counseling, recognizing the impact of distress, trauma, cumulative stress, and daily living challenges. You will support individuals in navigating their unique experiences, fostering a validating and accessible therapeutic environment. The delivery model includes provision of counselling services through individual and group support. Building community connections, liaising with outside community service providers and providing advocacy through presenting information, education and training are also a part of the role.

QUALIFICATIONS

- Completion of a master's degree or equivalent education and experience in Psychology, or Social Work from a recognized university.
- Licensed and in good standing with appropriate professional licensing body either Sask College of Psychologists or Saskatchewan Association of Social Workers.
- Counselling experience with multiple populations including those on the autism spectrum and, demonstrated knowledge and professional practice skills in frontline services including case management, counselling or clinical services, program management, and/or brief service/crisis intervention.
- Training and experience in a variety of counselling modalities, such as Cognitive Behaviour Therapy or Dialectical Behaviour Therapy.
- Experience working with autistic individuals and delivering counselling to individuals with anxiety and depression required.
- Ability to work effectively with minimal supervision and possess a strong desire to work collaboratively with members, families, within a multidisciplinary team that includes both internal and external stakeholders.

DUTIES & RESPONSIBILITIES

- Follow organizational guidelines for the delivery of counselling services.

- Maintain confidential member files.
- Conduct intakes for counselling services.
- Collect information about members through interviews, observations, and tests.
- Prepares and maintains records and reports.
- Evaluate physical or mental condition based on review of member information.
- Develops and implements counselling plans based on clinical experience and knowledge.
- Acts as an advocate to coordinate required services.
- Provide counselling to members, individually and in group sessions, to assist in managing adjustments in life, acquiring coping skills and making changes to lead to personal insight and growth.
- Develops and maintains mental health programming and parent programming that aligns with ARC's vision and mission.
- Provide psychoeducational teaching utilizing visual learning styles.
- Complete and maintain documentation in a timely and accurate manner according to agency as well as provincial and national regulatory licensing body guidelines.
- Write reports as necessary to community partners and medical providers.

POSITION REQUIREMENTS

- Valid Saskatchewan driver license.
- Consistent vehicle access.
- 40-hour week; could be negotiated for the right candidate.
- Flexibility to work evening hours are expected in the role.
- Submission of a criminal record check with vulnerable sector search.
- Start date and salary to be negotiated with the selected candidate.
- A relocation bonus may also be considered, if applicable.

TO APPLY, PLEASE EMAIL YOUR RESUME AND COVER LETTER TO Becky McLeod
becky@autismsk.com

Applications will be accepted until May 4, 2025

Our thanks is extended to all applicants, however, only those selected for an interview will be contacted.

The Autism Resource Centre strives to achieve provincial equity targets set by the Saskatchewan Human Rights Commission and welcomes applications from all qualified individuals, including persons with disabilities, neurodiverse people, members of visible minorities, Indigenous persons, members of gender and sexually diverse groups. We encourage applicants to identify if they belong to any equity-seeking groups.